

# BOLD Postoperative Encounter Form

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Chart Number \_\_\_\_\_

Date of Visit \_\_\_\_\_ Height \_\_\_\_\_  in  cm Weight \_\_\_\_\_  lbs  kgs

## SUPPORT GROUPS (Bariatric support groups only)

Does the patient attend support group?  Not Known  No Attendance  Weekly  Monthly  Yearly

## CO-MORBIDITIES (You must select ONLY ONE per category for each system)

### CARDIOVASCULAR DISEASE

#### Hypertension

- No indication of hypertension
- Borderline, no medication
- Diagnosis of hypertension, no medication
- Treatment with single medication
- Treatment with multiple medications
- Poorly controlled by medications, organ damage

#### Congestive Heart Failure

- No indication or symptoms of congestive heart failure
- Class I: Symptoms with more than ordinary activity
- Class II: Symptoms with ordinary activity
- Class III: Symptoms with minimal activity
- Class IV: Symptoms at rest

#### Angina Assessment

- No chest pain symptoms/angina
- Anginal chest with extreme exertion (e.g. running, swimming, etc.)
- Anginal chest pain occurs with moderate activity or exertion
- Anginal chest pain with minimal exertion (e.g. walking across a room) or 'at rest
- Unstable angina

#### Peripheral Vascular Disease

- No symptoms of peripheral vascular disease
- Asymptomatic with bruit
- Claudication, anti-ischemic medication
- Transient ischemic attack, rest pain
- Procedure for peripheral vascular disease
- Stroke, loss of tissue secondary to ischemia

#### Lower Extremity Edema

- No symptoms of lower extremity edema
- Intermittent lower extremity edema, not requiring treatment
- Symptoms requiring treatment, diuretics, elevation, or hose
- Stasis ulcers
- Disability, decreased function, hospitalization

### METABOLIC

#### Glucose Metabolism

- No symptoms or evidence of diabetes
- Elevated fasting glucose
- Diabetes, controlled with oral medication
- Diabetes, controlled with insulin
- Diabetes, controlled with insulin and oral medication
- Diabetes, with severe complications (retinopathy, neuropathy, renal failure, blindness)

#### Lipids (Dyslipidemia or Hyperlipidemia)

- Not present
- Present, no treatment required
- Controlled with lifestyle change, including Step 1 or Step 2 diet
- Controlled with single medication
- Controlled with multiple medications
- Not controlled

#### Gout Hyperuricemia

- No symptoms of gout/hyperuricemia
- Hyperuricemia, no symptoms
- Hyperuricemia, medications
- Arthropathy
- Destructive joints
- Disability, unable to walk

### PULMONARY

#### Obstructive Sleep Apnea Syndrome

- No symptoms or evidence of obstructive sleep apnea syndrome
- Sleep apnea symptoms (negative sleep study or not done)
- Sleep apnea diagnosis by sleep study (no oral appliance)
- Sleep apnea requiring oral appliance such as CPAP
- Sleep apnea with significant hypoxia or oxygen dependent
- Sleep apnea with complications (pulmonary HTN, etc.)

#### Obesity Hypoventilation Syndrome

- No symptoms of obesity hypoventilation
- Hypoxemia/hypercarbia on room air
- Severe hypoxemia or hypercarbia
- Pulmonary hypertension
- Right heart failure
- Right heart failure - left ventricular dysfunction

#### Pulmonary Hypertension

- No symptoms or indication of pulmonary hypertension
- Symptoms associated with PH (tiredness, SOB, dizziness, fainting)
- Confirmed PH diagnosis
- Well controlled on anticoagulants and/or calcium channel blockers
- Stronger medications and/or oxygen
- Patient needs or has had lung transplant

#### Asthma

- No symptoms of asthma
- Intermittent mild symptoms, no medication
- Symptoms controlled with oral inhaler (such as albuterol)
- Well controlled with ongoing daily medication
- Symptoms not well controlled, steroids or anticholinergics
- Hospitalized within last 2 years, history of intubation

### GASTROINTESTINAL

#### GERD

- No symptoms of GERD
- Intermittent or variable symptoms, no medication
- Intermittent medication
- H2 blockers or low dose PPI
- High dose PPI
- Meet criteria for antireflux surgery, or prior surgery for GERD

#### Cholelithiasis

- No indication of gallstones
- Gallstones with no symptoms
- Gallstones with intermittent symptoms
- Gallstones with severe symptoms or h/o cholecystectomy
- Gallstones with complications requiring immediate surgery prior to gastric bypass
- History of cholecystectomy with ongoing complications not resolved

#### Liver Disease

- No indication of liver disease
- Hepatomegaly modest, normal LFT's, fatty change Category 1
- Modest or greater hepatomegaly, LFT alteration, fatty change Category 2
- Moderate to marked hepatomegaly, fatty change Category 3, mild inflammation, mild fibrosis
- Definite NASH, cirrhosis, hepatic dysfunction by LFT's
- Hepatic failure, transplant indicated or done

# BOLD Postoperative Encounter Form (continued)

## CO-MORBIDITIES (continued) (You must select ONLY ONE per category for each system)

### MUSCULOSKELETAL

#### Back Pain

- No symptoms of back pain
- Intermittent symptoms not requiring medical treatment
- Symptoms requiring non-narcotic treatment
- Degenerative changes or positive objective findings, symptoms requiring narcotic treatment
- Surgical intervention done or recommended pending weight loss
- Failed previous surgical intervention with existing symptoms

#### Musculoskeletal Disease

- No symptoms of musculoskeletal disease
- Pain with community ambulation
- Non narcotic analgesia required
- Pain with household ambulation
- Surgical intervention required (ex: arthroscopy)
- Awaiting or past joint replacement or other disability

#### Fibromyalgia

- No indication of fibromyalgia
- Treatment with exercise
- Treatment with non-narcotic medications
- Treatment with narcotics
- Treatment with narcotics: Surgical intervention done or recommended
- Disabling, treatment not effective

### REPRODUCTIVE

#### Polycystic Ovarian Syndrome

- No indication of polycystic ovarian syndrome
- Symptoms of PCOS, no treatment
- OCP's or anti-androgen Rx
- Medformin or TZD
- Combination therapy
- Infertility

#### Menstrual Irregularities (not PCOS)

- No indication of menstrual irregularities
- Irregular periods or oligomenorrhea
- Menorrhagia
- Amenorrhea
- Prior total abdominal hysterectomy

### PSYCHOSOCIAL

#### Psychosocial Impairment

- No impairment
- Mild impairment in psychosocial functioning but able to perform all primary tasks
- Moderate impairment in psychosocial functioning but able to perform most primary tasks
- Moderate impairment in psychosocial functioning and unable to perform some primary tasks
- Severe impairment in psychosocial functioning and unable to perform most primary tasks
- Severe impairment in psychosocial functioning and unable to function

#### Depression

- No symptoms of depression
- Mild and episodic not requiring treatment
- Moderate, accompanied by some impairment, may require treatment
- Moderate with significant impairment, treatment indicated
- Severe, definitely requiring intensive treatment
- Severe requiring hospitalization

#### Confirmed Mental Health Diagnosis

- None
- Bipolar disorder
- Anxiety/panic disorder
- Personality disorder
- Psychosis

#### Alcohol Use

- None  Rare  Occasional  Frequent

#### Tobacco Use

- None  Rare  Occasional  Frequent

#### Substance Abuse (Prescription or Illegal)

- None  Rare  Occasional  Frequent

### GENERAL

#### Stress Urinary Incontinence

- No symptoms of stress urinary incontinence
- Minimal and intermittent
- Frequent but not severe
- Daily occurrence, requires sanitary pad
- Disabling
- Operation ineffective

#### Pseudotumor Cerebri

- No symptoms of pseudotumor cerebri
- Headaches with dizziness, nausea, and/or pain behind the eyes, no visual symptoms
- Headaches with visual symptoms and/or controlled with diuretics
- Patient has had MRI to confirm PTC, is well controlled with oral diuretics
- Patient is well controlled with stronger medications
- Patient requires narcotics or has had (or needs) surgical intervention

#### Abdominal Hernia

- No hernia
- Asymptomatic hernia, no prior operation
- Symptomatic hernia with or without incarceration
- Successful repair
- Recurrent hernia or size > 15 cm
- Chronic evisceration through large hernia with associated complication or multiple failed hernia repairs

#### Functional Status

- No impairment of functional status
- Able to walk 200ft with assistance device (cane or crutch)
- Cannot walk 200ft with assistance device (cane or crutch)
- Requires wheelchair
- Bedridden

#### Abdominal Skin/Pannus

- No symptoms
- Intertriginous irritation
- Pannus so large it interferes with ambulation
- Recurrent cellulitis, ulceration
- Surgical treatment required

### MEDICATIONS/VITAMINS & MINERALS

|       |       |       |       |
|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

- Multiple Vitamin  Calcium  Vitamin B-12  Iron  Vitamin D  Vitamin A, D, E Combo  Calcium with Vitamin D

### SIGNATURE (Name and Signature of person completing Encounter Form)

Name (print) \_\_\_\_\_ Signature \_\_\_\_\_